

Trip Name : Yala Peak Climbing

Starting Point	Drive in KTM-Dhunche
Ending Point	Drive out Syabru Besi-KTM
Type	TeaHouse/Camping Trek
Grade	Difficult
Duration	12 Days
Daily Walk	5-6 hours
People in Group	Minimum 1 and Maximum 12
Best Time	April to May and September to November
Max. Elevation	5732 mt.

Trip Highlights:

- One of Nepal's most popular easy trekking peaks
- The shortest possible expedition from Kathmandu
- Free of complications of a flight
- Trekking to the foot of the glaciers - Kyanjin Gompa
- Mixed culture of Tamang and Lama Societies
- Ascent of Tserko Ri (5,033m/16,513ft)
- Visit of Tibetan village in Langtang
- Spectacular views of Langtang Ri and Ganesh Himal
- The great countryside and beautiful landscapes
- Impressive vegetation en-route

Trip Details:

Yala Peak (5,732m/18,806ft) is located in the Langtang Himalayan range of Nepal, protected as Langtang National Park. This peak is also considered as Nepal's one of easier trekking peaks and often climbed along with its neighbouring Peak Naya Kanga or Ganja-la Chuli (5,844m/19,174ft). From the summit of Yala Peak you get uninterrupted spectacular views of Langtang Lirung (7,246m/23,774ft), Dorje Lakpa (6,966m/22,855ft) and the mighty Shishapangma (8,013m/26,290ft). You also get some amazing views into Tibet from the summit of Yala Peak.

The trek starts at Dhunche, reached after a 9-hour bus/jeep drive from Kathmandu on a graveled road. The drive is fairly adventurous as it goes through the high hills. The Langtang trail follows through the ethnic Tamang villages, lush green forests and the wide spread Kyanjin valley (3,800m/12,467ft) surrounded by snowy peaks from where the 360 degree mountain views are truly panoramic. After the summit of Yala Peak, we trace back our trek to Syabru Besi and drive to Kathmandu.

Note:

- **Ganja-la Chuli or Naya Kanga (5,844m/19,174ft) can also be explored and summited in the same region with additional 4-5 days. Ganja-la Chuli is a Group 'B' NMA peak.**

How We Make This Trip Responsible?

Trekking Encounters promotes Responsible Tourism and strictly follows the responsible travel guide lines.

Cost Includes:

- Permit fees for Yala Peak and Langtang National Park
- Three meals a day (B/L/D) served at teahouse/lodge and at our own kitchen during climbing period
- Accommodations in the mountains at teahouse/lodge/tents
- An English speaking Trekking Guide
- Experienced NMA registered Climbing Sherpa Guide
- An experienced Cook and kitchen crew for camping period
- Necessary porters
- Necessary climbing equipment including Top quality high mountain Tents, Fixed and Main ropes, Ice-screws, Safety ropes, Jumars, Karabiners, etc.
- Staff insurance, salary, food, accommodation and their transportation
- Kathmandu-Dhunche and SyabruBesi-Kathmandu overland transfers by public bus [*Private vehicle available on request and extra*]
- Satellite phone support for expeditions and trekking peaks (on demand)
- Emergency co-operation service and first aid kit box
- A certificate by Nepal Mountaineering Association (NMA) on successful summit of peak climb

Complimentary:

- A Trekking Encounters T-shirt
- A farewell Nepali dinner with live culture program

Cost Excludes:

- Hotel and meals in Kathmandu
- Bar and beverages bills, bottled water
- Nature of personal expenses
- Personal cloths and equipment such as sleeping bag, jacket, boots etc.
- Personal climbing equipment such as Plastic Boots, Ice-axe, Gaiters, Crampons, Harness, etc.
- Insurance for accidental, medical and evacuation
- Tips to the staff
- International Airfare and Taxes

Add-Ons:

Kathmandu City Tour

Activity: Cultural tour to the World Heritage Sites.

Major sites: Swoyambhunath, Boudhanath, Pashupatinath, Kathmandu/Patan/Bhaktapur Durbar Square and Changunarayan Temple.

Duration: Full/Half day.

Frequency: Tour can be organized in any day and at your suitable time.

Cost: US\$ 50 per person. Group discounts available.

Ground transfer: Included by a private vehicle as per group size (Car/Van/Bus).

Guide: English Speaking City Tour Guide included. Additional language Guides are also available on demand.

Meals: Not included.

Entrance fee: Applicable and not included.

Mt. Everest Flight

Activity: Mount Everest sightseeing flight.

Duration: One hour.

Frequency: Everyday in the morning between 6am to 9am.

Cost: US\$ 224 per person. Group discounts available.

Ground transfer: Included by a private vehicle. Two persons minimum needed.

Airport tax: Included.

Airline: Buddha Air, Simrik Airlines and Yeti Airlines.

Jungle Safari in Chitwan National Park

Activities: Jungle safari on elephant-back, jungle walk, canoe ride, jeep drive, experience of Tharu culture.

Accommodation: Resorts, Hotels and Lodges.

Transportation: Private Car included (Kathmandu/Pokhara-Kathmandu).

Meals: Included.

Duration: 3 days and 2 nights.

Cost: Starts from US\$ 225 per person.

Jungle Safari in Bardia National Park

Activities: Jungle safari on elephant-back, jungle walk, boat ride, jeep drive.

Accommodation: Jungle lodges.

Transportation: Not included.

Meals: Included.

Duration: 4 days and 3 nights.

Cost: Starts from US\$ 475 per person.

Bird Watching in Koshi Tappu Wildlife Reserve

Activities: Bird watching, boat ride and wildlife viewing on jeep drive.

Accommodation: Resorts, Tented camps.

Transportation: Not included.

Meals: Included.

Duration: 3 days and 2 nights.

Cost: Starts from US\$ 480 per person.

Rafting in Nepal

Trishuli River: 2/3 Class – 1 Day – 17 Kilometers – Cost starts from US\$ 30 per person.

Seti River: 3 Class – 2 Days – 32 Kilometers – Cost starts from US\$ 80 per person.

KaliGandaki River: 4 Class – 3 Days – 56 Kilometers – Cost starts from US\$ 140 per person.

BhoteKoshi River: 4/5 Class – 2 Days – 18 Kilometers – Cost starts from US\$ 85 per person.

- **Cost includes:** Top quality Rafting equipment, Highly trained Crew, Well organized camping, Hygienic food.

- **Transportation:** Bus transportation included and depends.

Bungy Jumping / Canyoning / Paragliding / Ultralight Flight

We can check and deliver information and cost as per your interest received for Bungy Jumping, Canyoning, Paragliding and Ultralight Flight. Bungy and Canyoning can also be customized together.

Shopping Tours

Package available on demand.

Shopping items: Pashmina items, Paubha/Thangka, Woolen Carpets, Root Art, Ceramics, Shaligram (Holy Rocks), Masks of deities, Khukuri, Tea, Spices, Garments and Knitwear, Musical Instruments and Music, Glass Ornaments, Jewelry and Gems, Metal Wares, Sculptures, Wood Carvings, Rudraksha (Rosary), Incense, Natural Buttons, Fiber Products, Wood Game Boards, Fancy Hats, Bamboo Crafts, Bags and Accessories, Leather Articles, Lokta Paper and items made by Lokta, Nepali Dolls, Home Decors, Books and Maps and innumerable other unique items which are found nowhere else.

Trip Itinerary:

Day 01 : Drive from Kathmandu to Dhunche (2,030m/6,660ft).

Today we drive for 118km (6-7 hours by Jeep and 8-9 hours by only local bus) from Kathmandu to Dhunche. We cross the ring road and along the Rain ban (forest), climb to Kakani from where we have good views of the Himalayas including Manaslu, Ganesh Himal and Langtang before we reach Rani Pauwa where most of the local buses stop for a tea break. We then travel down to Trisuli via a flat piece of land which is where we stop for lunch (local food e.g. daal-bhat) at Battar Bazaar (540m/1,771ft). After lunch we continue our journey climbing up to Dhunche via Kalikasthan. We also pass through the National Park check post before Dhunche.

Day 02 : Trek Dhunche to Thulo Syabru Village (2,210m/7,251ft).

We walk along the road to Thulo Bharkhu (1,860m/6,102ft) then a steep climb up to Brabal (2,190m/7,185ft) where we stop for lunch. After lunch we continue our trek through the beautiful countryside of oaks and pine trees to our overnight stop at Thulo Syabru village. Trekking time 5-6 hours.

Day 03 : Trek Thulo Syabru Village to Lama Hotel (2,410m/7,907ft).

After breakfast we descend down along the village and cross the bridge then climb the other side. We then descend down to the landslide and have a slow climb along the Langtang River all the way to the Lama Hotel where we have our overnight stay. Trekking time 5-6 hours.

Day 04 : Trek Lama Hotel to Langtang Valley (3,330m/10,925ft).

Today our trek takes us through oaks, hemlock and bamboo where if we are lucky we will see a variety of birds. We ascend along the Langtang Khola (River) passing Ghoratabela (2,992m/9,816ft) where we can see views of the Langtang Himal just above us. Langtang is a large village where people live all year round cultivating potatoes, buckwheat, barley and vegetables. There is a village monastery which can be visited at anytime as the headman has a key to the monastery. Trekking time 5-6 hours.

Day 05 : Trek Langtang Valley to Kyanjing Gompa (3,800m/12,467ft).

This is a short beautiful alpine trek along the meadows which have grazing yaks, sheep and mountain goats. The village has the Yala Cheese Factory and an ancient monastery which can be visited at any time. Trekking time 2-3 hours.

Day 06 : Rest day at Kyanjin Gompa for acclimatization.

Explore around the glacier and Himalayan Yak pasture. We may opt to climb Tserko Ri (5,033m/16,513ft). This is comparatively a small, rocky peak while not being a mountain of any real prominence, it is conveniently easy to climb and from its summit magnificent views can be had. This is also an excellent lookout which can be reached by climbing the slopes immediately behind Kyanjin where we will see the majestic Langtang Lirung (7,246m/23,774ft).

Day 07 : Trek Kyanjin Gompa to Yala Peak Base Camp (4,500m/14,764ft). Basic training for climbing.

Today we trek from Kyanjin Gompa to Yala Peak Base Camp. Trekking time 3-4 hours. After lunch, We will also take the opportunity to get familiar with our equipment; using crampons and ice axe, walking in plastic boots, rope climbing while ascending using a "jumar" and descending using a "figure-of-8" or belay device. We stay overnight at camp.

Day 08 : Summit Yala Peak (5,732m/18,806ft) and return trek to Kyanjin Gompa.

Summit day: Today we get up early morning (around 3am) so that we finish the climbing in the best part of the day. From the summit, we will have the majestic view of Langtang Lirung (7,246m/23,774ft) rising above the glaciers. After taking pictures, we then make a careful descent back to Kyanjin Gompa for overnight halt. This is a celebration time on the success of Yala peak climb. Total climbing/trekking time 7-9 hours.

Day 09 : Spare day for weather.

The spare day is for smooth journey. We can use this day if the weather gets worse and we are unable to complete the summit on the planned day. This day can be useful if someone gets problems in acclimatising well enough to make the ascent.

Day 10 : Return trek Kyanjing Gompa to Lama Hotel.

After breakfast, we descend down the same trail as we climbed on day 4 and 5 and stay at Lama Hotel. Trekking time 6-7 hours.

Day 11 : Trek Lama Hotel to Syabru Besi (1,460m/4,790ft).

Today we trek to Syabru or Syaphru Besi which is a small village in the Langtang National Park. Trekking time 4-5 hours.

Day 12 : Drive Syabru Besi to Kathmandu.

Drive to Dhunche and along the same road we continue back to Kathmandu (132km). We become relaxed after the adventurous drive.

Option available for extending your trip with Jungle Safari adventure, white water rafting or a trip of your choice.