

Trip Name : Mardi Himal Trek

Starting Point	Drive in Pokhara-Phedi
Ending Point	Drive out Milanchok-Pokhara
Type	TeaHouse/Camping Trek
Grade	Medium-Hard
Duration	14 Days
Daily Walk	5-6 hours
People in Group	Minimum 1 and Maximum 12
Best Time	March to mid-May and September to mid-November
Max. Elevation	4500 mt.

Trip Highlights:

- The spectacular views of Fishtail and Annapurna Himal
- Rhododendron forest
- Various species of flora and fauna
- Amazing view of waterfalls and ancient caves
- Mixed indigenous lifestyles
- The great countryside, terrace farming and mountain landscapes

Trip Details:

Mardi Himal trail is one of the rarely visited trekking trails in Nepal and the route is popular to provide some exceptional mountain views and an opportunity to trek through the forests and enchanting villages that have not yet felt the impact of tourism. Mardi Himal trekking is also an alternative trekking route for Annapurna Circuit in the Annapurna region of Nepal. This is less explored trek and the main feature of this trek is the exotic view of the Mt. Machhapuchhre or Fish Tail (6,997m/22,957ft). This route is yet unspoilt and the trekkers may enjoy with the great views of snow-capped Himalayan range including the popular Mt. Annapurna and Mt. Machhapuchhare (Fish Tail), mountain landscapes, natural hot water springs, mixed indigenous lifestyles, rhododendron forest, ancient caves, waterfalls, various species of flora and fauna and the great view points. The ridges are steep sided and heavily wooded with rhododendron and bamboo forests. The high alpine pastures provide grazing and a peaceful habitat for wildlife in the Mardi Himal zone. Mardi Himal is also a popular climbing peak.

How We Make This Trip Responsible?

Trekking Encounters promotes Responsible Tourism and strictly follows the responsible travel guide lines.

Cost Includes:

- Annapurna Conservation Area (ACAP) permit and TIMS (Trekking Information Management System)
- A City Hotel in Pokhara for two nights
- Three meals (B/L/D) a day on trekking from teahouse/lodge and at our own kitchen
- Accommodations at teahouse/lodge/tents in the mountains
- Group leader, Cook and kitchen crew for camping period
- Necessary porters

- Staff insurance, salary, food, accommodation and their transportation
- Land transportation before and after the trek in Pokhara by private vehicle
- Kathmandu-Pokhara-Kathmandu overland transfers by Tourist bus [*Private vehicle or flights available on request and extra*]
- First aid kit box
- Emergency co-operation service

Complimentary:

- A Trekking Encounters T-shirt
- A farewell Nepali dinner with live culture program

Cost Excludes:

- Hotel and meals in Kathmandu, meals in Pokhara
- Bar and beverages bills, bottled water
- Nature of personal expenses
- Personal cloths and equipment such as sleeping bag, jacket, boots etc.
- Insurance for accidental, medical and evacuation
- Tips to the staff
- International Airfare and Taxes

Add-Ons:

Kathmandu City Tour

Activity: Cultural tour to the World Heritage Sites.

Major sites: Swoyambhunath, Boudhanath, Pashupatinath, Kathmandu/Patan/Bhaktapur Durbar Square and Changunarayan Temple.

Duration: Full/Half day.

Frequency: Tour can be organized in any day and at your suitable time.

Cost: US\$ 50 per person. Group discounts available.

Ground transfer: Included by a private vehicle as per group size (Car/Van/Bus).

Guide: English Speaking City Tour Guide included. Additional language Guides are also available on demand.

Meals: Not included.

Entrance fee: Applicable and not included.

Mt. Everest Flight

Activity: Mount Everest sightseeing flight.

Duration: One hour.

Frequency: Everyday in the morning between 6am to 9am.

Cost: US\$ 224 per person. Group discounts available.

Ground transfer: Included by a private vehicle. Two persons minimum needed.

Airport tax: Included.

Airline: Buddha Air, Simrik Airlines and Yeti Airlines.

Jungle Safari in Chitwan National Park

Activities: Jungle safari on elephant-back, jungle walk, canoe ride, jeep drive, experience of Tharu culture.
Accommodation: Resorts, Hotels and Lodges.
Transportation: Private Car included (Kathmandu/Pokhara-Kathmandu).
Meals: Included.
Duration: 3 days and 2 nights.
Cost: Starts from US\$ 225 per person.

Jungle Safari in Bardia National Park

Activities: Jungle safari on elephant-back, jungle walk, boat ride, jeep drive.
Accommodation: Jungle lodges.
Transportation: Not included.
Meals: Included.
Duration: 4 days and 3 nights.
Cost: Starts from US\$ 475 per person.

Bird Watching in Koshi Tappu Wildlife Reserve

Activities: Bird watching, boat ride and wildlife viewing on jeep drive.
Accommodation: Resorts, Tented camps.
Transportation: Not included.
Meals: Included.
Duration: 3 days and 2 nights.
Cost: Starts from US\$ 480 per person.

Rafting in Nepal

Trishuli River: 2/3 Class – 1 Day – 17 Kilometers – Cost starts from US\$ 30 per person.

Seti River: 3 Class – 2 Days – 32 Kilometers – Cost starts from US\$ 80 per person.

KaliGandaki River: 4 Class – 3 Days – 56 Kilometers – Cost starts from US\$ 140 per person.

BhoteKoshi River: 4/5 Class – 2 Days – 18 Kilometers – Cost starts from US\$ 85 per person.

- **Cost includes:** Top quality Rafting equipment, Highly trained Crew, Well organized camping, Hygienic food.

- **Transportation:** Bus transportation included and depends.

Bungy Jumping / Canyoning / Paragliding / Ultralight Flight

We can check and deliver information and cost as per your interest received for Bungy Jumping, Canyoning, Paragliding and Ultralight Flight. Bungy and Canyoning can also be customized together.

Shopping Tours

Package available on demand.

Shopping items: Pashmina items, Paubha/Thangka, Woolen Carpets, Root Art, Ceramics, Shaligram (Holy Rocks), Masks of deities, Khukuri, Tea, Spices, Garments and Knitwear, Musical Instruments and Music, Glass Ornaments, Jewelry and Gems, Metal Wares, Sculptures, Wood Carvings, Rudraksha (Rosary), Incense, Natural Buttons, Fiber Products, Wood Game Boards, Fancy Hats, Bamboo Crafts, Bags and Accessories, Leather Articles, Lokta Paper and items made by Lokta, Nepali Dolls, Home Decors, Books and Maps and innumerable other unique items which are found nowhere else.

Trip Itinerary:

- Day 01 : Drive (200km)/fly from Kathmandu to Pokhara (884m/2,900ft).**
- Day 02 : Drive from Pokhara to Phedi and trek to Dhampus (1,650m/5,413ft).**
- Day 03 : Trek Dhampus to Forest Camp (2,600m/8,530ft).**
- Day 04 : Trek Forest Camp to Low Camp (3,050m/10,007ft).**
- Day 05 : Trek Low Camp to High Camp (3,900m/12,795ft).**
- Day 06 : Rest day at High Camp for acclimatization.**
- Day 07 : Trek High Camp to Mardi Himal West Base Camp (4,500m/14,764ft), day excursion.**
- Day 08 : Trek Mardi Himal West Base Camp to Campsite (2,840m/9,318ft).**
- Day 09 : Trek Campsite to Mardi Himal South Base Camp (4,120m/13,517ft).**
- Day 10 : Trek Mardi Himal South Base Camp to Khumai Danda (3,245m/10,646ft).**
- Day 11 : Trek Khumai Danda to Hile Kharka (2,160m/7,086ft).**
- Day 12 : Trek Hile Kharka to Ghachok (1,254m/4,114ft).**
- Day 13 : Trek Ghachok to Milanchook and drive to Pokhara.**
- Day 14 : Drive/fly from Pokhara to Kathmandu.**