

Trip Name : Kakani Shivapuri Trek

Starting Point	Drive in KTM-Kakani
Ending Point	Drive out Banepa-KTM
Type	TeaHouse/Camping Trek
Grade	Easy
Duration	5 Days
Daily Walk	4-5 hours
People in Group	Minimum 1 and Maximum 12
Best Time	March to mid-May and September to mid-November
Max. Elevation	2732 mt.

Trip Highlights:

- The closest trek available from Kathmandu
- Mixed culture of Tamang, Newar, Kshetri and Brahmin Societies
- Birds eye view of Kathmandu valley
- The panoramic views of Langtang, Ganesh and Jugal Himal
- The great countryside, terrace farming and beautiful landscapes
- The diversity of flora and fauna including some rare bird species
- The Best sunrise and sunset views from Nagarkot

Trip Details:

Kakani Shivapuri route is one of the short and diverse trekking trails available in Kathmandu valley. This is a less crowded and more pristine destination closer to Kathmandu valley ideally suitable for short trekking holidays with family, friends and children. The trek starts at Kakani reached with a pleasant drive about 25 kilometers northwest of Kathmandu. The trek offers excellent mountain views of Ganesh Himal, Langtang Himal and the Annapurnas. This lush green trek is an extension of Sundarijal Nagarkot trekking which is undertaken mostly within Nepal's youngest Shivapuri National Park. This is the only national park located in the capital city in less than 20 kilometers from the international airport. The park is the famous watershed area and the biggest resources of Kathmandu's drinking water supply. The trek offers beautiful landscape and great views of over 30 snowy peaks including lifestyles, history, culture, religion and traditions of different people living nearby the Kathmandu valley. The Kakani Shivapuri trekking is a blend of wilderness, great views of Kathmandu valley, traditional villages and farming lands. The final portion of the trek takes us through Nagarkot to Banepa. Nagarkot is a popular hill station and popular among the visitors to Nepal.

Best time for this trek:

Trekking around Kathmandu valley is possible throughout the year however the best times considered for this trek are from the beginning of March to mid of May and from the beginning of September to mid of November. The days are sunny and warm here and the nights are not the freezing. The Kakani Shivapuri is a popular trail even for winters and summers. It is not very cold in winter on this trail but the summers are wet. April and early May is a good time to see the trees bursting into bloom, with Rhododendrons, adding a spectacular splash of color to the landscape. The views are simply great after the summer monsoons have cleared the atmosphere of dust. This trail is more popular as all season trails.

Experience Required:

We have categorized Kakani Shivapuri trekking as easy trek and are suitable for passionate trekkers who are

looking for short trekking holidays and prefer to walk at least 4-5 hours each day. Regular exercising and jogging for some weeks prior to the trip is a good idea to enhance your strength and stability. If you have any previous hiking experience, that would be an asset. It is important that you consult with your doctor before making decision for this trek if you have any medical problems in the history. Participants with pre-existing medical conditions such as heart, lungs or any other serious disease should inform Trekking Encounters before booking the trek.

How We Make This Trip Responsible?

Trekking Encounters promotes Responsible Tourism and strictly follows the responsible travel guide lines.

Cost Includes:

- All kind of trekking permits
- Three meals (B/L/D) a day on trekking from teahouse/lodge and camps
- Accommodations at teahouse/lodge/tents in the mountains
- An English speaking Trekking Guide along the camp crew
- Necessary porters
- Staff insurance, salary, food, accommodation and their transportation
- Kathmandu-Kakani and Banepa-Kathmandu overland transfers by public bus [*Private vehicle available on request and extra*]
- First aid kit box
- Emergency co-operation service

Complimentary:

- A Trekking Encounters T-shirt
- A farewell Nepali dinner with live culture program

Cost Excludes:

- Hotel and meals in Kathmandu
- Bar and beverages bills, bottled water
- Nature of personal expenses
- Personal cloths and equipment such as sleeping bag, jacket, boots etc.
- Insurance for accidental, medical and evacuation
- Tips to the staff
- International Airfare and Taxes

Add-Ons:

Kathmandu City Tour

Activity: Cultural tour to the World Heritage Sites.

Major sites: Swoyambhunath, Boudhanath, Pashupatinath, Kathmandu/Patan/Bhaktapur Durbar Square and Changunarayan Temple.

Duration: Full/Half day.

Frequency: Tour can be organized in any day and at your suitable time.

Cost: US\$ 50 per person. Group discounts available.

Ground transfer: Included by a private vehicle as per group size (Car/Van/Bus).

Guide: English Speaking City Tour Guide included. Additional language Guides are also available on demand.

Meals: Not included.

Entrance fee: Applicable and not included.

Mt. Everest Flight

Activity: Mount Everest sightseeing flight.

Duration: One hour.

Frequency: Everyday in the morning between 6am to 9am.

Cost: US\$ 224 per person. Group discounts available.

Ground transfer: Included by a private vehicle. Two persons minimum needed.

Airport tax: Included.

Airline: Buddha Air, Simrik Airlines and Yeti Airlines.

Jungle Safari in Chitwan National Park

Activities: Jungle safari on elephant-back, jungle walk, canoe ride, jeep drive, experience of Tharu culture.

Accommodation: Resorts, Hotels and Lodges.

Transportation: Private Car included (Kathmandu/Pokhara-Kathmandu).

Meals: Included.

Duration: 3 days and 2 nights.

Cost: Starts from US\$ 225 per person.

Jungle Safari in Bardia National Park

Activities: Jungle safari on elephant-back, jungle walk, boat ride, jeep drive.

Accommodation: Jungle lodges.

Transportation: Not included.

Meals: Included.

Duration: 4 days and 3 nights.

Cost: Starts from US\$ 475 per person.

Bird Watching in Koshi Tappu Wildlife Reserve

Activities: Bird watching, boat ride and wildlife viewing on jeep drive.

Accommodation: Resorts, Tented camps.

Transportation: Not included.

Meals: Included.

Duration: 3 days and 2 nights.

Cost: Starts from US\$ 480 per person.

Rafting in Nepal

Trishuli River: 2/3 Class – 1 Day – 17 Kilometers – Cost starts from US\$ 30 per person.

Seti River: 3 Class – 2 Days – 32 Kilometers – Cost starts from US\$ 80 per person.

KaliGandaki River: 4 Class – 3 Days – 56 Kilometers – Cost starts from US\$ 140 per person.

BhoteKoshi River: 4/5 Class – 2 Days – 18 Kilometers – Cost starts from US\$ 85 per person.

- **Cost includes:** Top quality Rafting equipment, Highly trained Crew, Well organized camping, Hygienic food.

- **Transportation:** Bus transportation included and depends.

Bungy Jumping / Canyoning / Paragliding / Ultralight Flight

We can check and deliver information and cost as per your interest received for Bungy Jumping, Canyoning, Paragliding and Ultralight Flight. Bungy and Canyoning can also be customized together.

Shopping Tours

Package available on demand.

Shopping items: Pashmina items, Paubha/Thangka, Woolen Carpets, Root Art, Ceramics, Shaligram (Holy Rocks), Masks of deities, Khukuri, Tea, Spices, Garments and Knitwear, Musical Instruments and Music, Glass Ornaments, Jewelry and Gems, Metal Wares, Sculptures, Wood Carvings, Rudraksha (Rosary), Incense, Natural Buttons, Fiber Products, Wood Game Boards, Fancy Hats, Bamboo Crafts, Bags and Accessories, Leather Articles, Lokta Paper and items made by Lokta, Nepali Dolls, Home Decors, Books and Maps and innumerable other unique items which are found nowhere else.

Trip Itinerary:

Day 01 : Drive from Kathmandu to Kakani (1,982m/6,502ft) and trek to Aaledanda.

We drive to Kakani about 25km, north-west of Kathmandu. Kakani is a famous place for the magnificent views of the Kathmandu Valley and panorama of the Himalayas. Kakani has also become a popular picnic spot now-a-days. Then we walk along the ridge through the Shivapuri national park and reach Aaledanda for overnight stop. Trekking time 4-5 hours.

Day 02 : Trek Aalendanda to Shivapuri (2,732m/8,963ft).

We trek from Aaledanda to Shivapuri along the ridge that takes mostly through the forest. Along the way there are spectacular views of Annapurna, Manaslu, Ganesh Himal, Langtang and Jugal Himal. Finally we reach on the Shivapuri ridge and camp on the flat grassy summit. Trekking time 5-6 hours.

Day 03 : Trek Shivapuri to Dhap.

Today we trek along the ridge and reach at Dhap. It is a beautiful walk with the panoramic attractions of the Himalayas. We set up our camp at Dhap for overnight rest. Trekking time 4-5 hours.

Day 04 : Trek Dhap to Nagarkot (2,195m/7,201ft).

From Dhap we trek through the forest and village and the trail is enriched with the views of Himalayan panorama including the Mt. Everest. We stay overnight at lodge or hotel. Trekking time 4-5 hours.

Day 05 : Trek Nagarkot to Banepa and drive back to Kathmandu.

It is an easy walk downhill to Banepa, a historical Newari town. Banepa serves as the gateway for trade between Nepal and China (Tibet). We then drive back to Kathmandu. Trekking time 4-5 hours.

Option available for extending your trip with Jungle Safari adventure, white water rafting or a trip of your choice.